Continued Volunteer Training

Cold Weather Policy

Hypothermia: is an unintentional lowering of the body temperature to 95 degrees F or below. Warning signs: shivering, confusion, memory loss, drowsiness, exhaustion, fumbling hands, slurred speech.

Hypothermia is a medical emergency that needs immediate treatment. The elderly are at a greater risk for hypothermia than the general population because the body's ability to produce its own heat declines with age. Individuals who wander or are at risk of wandering are considered high risk for hypothermia.

Procedure:

No resident/client who is dependent on our staff for their safety and protection will leave the facility alone without the appropriate apparel and personnel to protect them from hypothermia and other cold weather dangers. Resident should be properly dressed and have sufficient blankets. All staff should report low room temperatures or windows that may need weather proofing.

When the outdoor temperature is extremely cold and high winds exist, consideration should be given to canceling activities and appointments that can be put off until better weather conditions exist.



Merry CHRISTMAS!

Volunteer Newsletter

December 2026



We're wishing everyone a bright and merry holiday season. Thank you volunteers for all that you have done for the residents and staff throughout the year.

You are greatly appreciated!



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December Volunteer Birthdays

Andrew W
Bryan W
Virginia V

December Volunteer Anniversaries

Tina C - 1 year
Ron Luethe - 1 year
Brooke and Evilyn H - 1 year



Volunteer Opportunities

Wednesday Dec. 9 - Come help residents with cookie decorating. We will start gathering around 1:00

Thursday Dec. 17 - Come help at our Annual Christmas Pageant. We have two showings (1:30 for RH and 2:30 for PHills and Meadows) so help is needed for bringing residents to and from both shows. Volunteers are also welcome to sing in our choir. Come join us for this fun filled afternoon! We will start gathering for the first showing at 1:00

Monday Dec 21 - We will be getting the Christmas gifts out and setting up/organizing for our gift selection. If anyone is interested in helping with this please let me know.

Tuesday Dec. 22 - Gift wrapping will start at 10 AM. If you are interested in helping wrap gifts for our residents, please let me know.

Monday Dec. 28 - Come help bring residents to/from live entertainment this afternoon. We will start gathering residents around 1:00.

Thursday Dec. 31 - Come help bring residents to/from live entertainment this morning. We will start gathering residents around 10:00.
Or come join us for End of the Year Fun at the bistro at 1:30.

Volunteer Opportunities

Shopping:
If you are interested in helping with any of the shopping outings this month, please let Linda or Jessica know:
Monday Dec. 7 - Meadows Shop at 1:15
Monday Dec. 14 - Prairie Hills Shop at 10
Wednesday Dec. 30 - RH Shop at 1:15

Any Tuesday or Friday from 1:30-3 to assist residents to/from the bistro, play cards or other games, and visit.

Help is always appreciated on Saturdays for bingo. Please let Jessica or Linda know if you are interested in helping on a Saturday.

