

Ongoing Volunteer Training:

HIPAA Privacy Act

HIPAA refers to Health Insurance Portability and Accountability Act, which became law in 1996. This was created to protect the privacy of all healthcare information for each individual.

Some residents prefer to keep their names confidential. Rolling Hills does have a Privacy Officer.

Any complaints regarding confidentiality of a resident's protected health information is channeled through the Administrator, Social Services and/or the Director of Nursing.

For your role as a volunteer, you have access to the following information: identification of resident by name, household, and room number. Any additional information overheard or seen while volunteering **must** be kept confidential.



February Folklore:

When the cat lies in the sun in February, she will creep behind the stove in March.

If February gives much snow, a fine summer it doth foreshow.

February's full moon, the full Snow Moon, will occur on Saturday, February 24, 2024. If a full moon falls at the very end of January, there will be no full moon in February. This is because the lunar phase cycle is 29.5 days. This absence is often called the "Black Moon", and happens about every 19 years.

February is:

American Heart Month, National Bird Feeding Month, National Grapefruit Month.

February 3 – Eat Ice Cream for Breakfast Day

February 11 – Make a Friend Day

February 29 – Leap Day! Yes, 2024 is a Leap Year!

Volunteer Newsletter

Rolling Hills - February 2024

Hello Volunteers!

I hope all is well with you all.

Here are a few reminders:

*Please see the enclosed policy regarding illnesses

*Remember to sign in when you are here volunteering

*If you are no longer able or interested in volunteering, please let me know so I can update my records.

Thank you for all that you do!

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Volunteer Coordinator
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February Volunteer Birthdays:

Franny S
Pat S
Linda V
Kathleen M



February RH Volunteer Anniversaries:

Franny S—5 years
Linda V—4 years
Kathleen M—4 years
Patsy G - 1 year

THANK YOU VOLUNTEERS!

Volunteer Opportunities

February 1 - Wii Bowling at 1:30. Come help some residents play this interactive Wii game.

February 5 - Meadows shopping trip to WalMart at 1:30. If interested in helping, please let myself or Linda know.

February 14 - Vintage Valentines and Craft at 1:30 . Come help resident reminisce about vintage valentines and do a Valentine craft.

February 19 - Prairie Hills shopping trip to WalMart at 1:30. If interested in helping, please let myself or Linda know.

February 29 - Rolling Hills shopping trip to WalMart at 10:00. If interested in helping, please let myself or Linda know.

Also on February 29 - Come help residents with a baking activity at 1:30.

Recipe Corner

Million Dollar Dip

1 1/2 C mayo
1 C shredded cheddar cheese
4 green onions, chopped small
1/2 C pre-cooked bacon bits
1/2 C slivered almonds
1 tsp minced garlic
Tortilla chips for dipping

In a large bowl, add mayo, cheese, onions, bacon bits, almonds and garlic. Use a spatula to thoroughly mix all ingredients together. Serve dip immediately with tortilla chips or other snacks for dipping.