

# Ongoing Volunteer Training:

## Tornado and Severe Windstorm

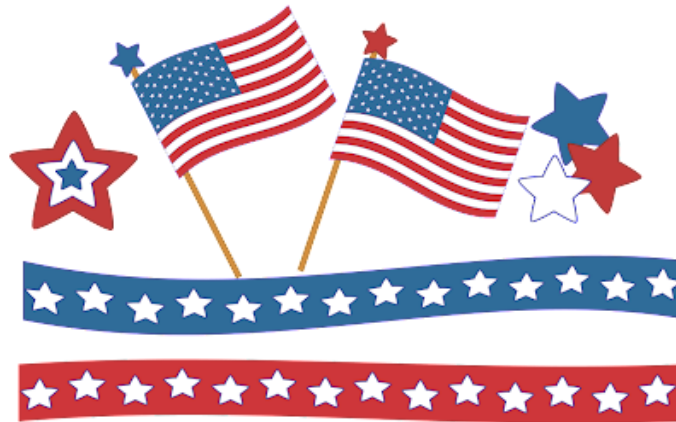
### Terminology:

**Tornado Watch:** There is a possibility of a storm developing into a tornado. Prepare.

**Tornado Warning:** A funnel has been sighted – prepare for evacuation to a safe zone.

**Procedure: Tornado Watch:** When information is learned that Monroe County has been placed under a tornado watch or severe thunderstorm, alert Maple Lane—nurse will page “Attention all staff. Rolling Hills is in a condition watch. Please prepare your areas.” Repeat two more times. The following will then occur: Close all windows/drapes, Unplug/put away all equipment not in use, Clear hallways of all items, Nursing prepares oxygen tanks, 1 staff accountable for all assigned residents/med records, CNA’s account for all residents, Over bed table and blanket at foot of bed, Determine nearest safe zone.

**Procedure: Tornado Warning:** When information is learned that Monroe County has been placed under a tornado warning, Maple Lane nurse will page “Doctor Westwind”. Repeat two more times. All non-nursing personnel should report to their assigned areas to assist with resident evacuation to safe areas as follows: Activity Staff/Volunteers – Stay with residents with whom you are currently working with or, if between activities, go to closest unit. All staff are to immediately begin evacuation of residents to safe zones. Close all room doors that have been evacuated and flag with evacuated sign. All doors in the corridor are to be closed except those rooms that have not been evacuated. The “All Clear” will be given when the storm is over and the warning for Monroe County has been lifted.



# **Volunteer Newsletter**

Rolling Hills - July 2022



Happy 4th of July to our volunteers! Our open house will be August 9th, and we are looking for volunteers to assist residents with viewing their new home that morning. If you are interested in helping with this, please reach out to myself or Linda. Moving forward, we are also looking for volunteers who are willing to assist with other aspects of our move, including packing supplies. If you are interested in helping out in any way with our move, please let us know. Thank you in advance!

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<https://rollinghillsseniorliving.org>



### July Volunteer Birthdays:

Kathy K



### July RH Volunteer Anniversaries:

Pat H—7 years

**THANK YOU  
VOLUNTEERS!**

## Volunteer Opportunities

July 6—Help bring residents to live entertainment; start gathering at 10:00

July 11—Enjoy the outdoors with some lemonade on the patio with the residents; start gathering at 1:15

July 20—Help bring residents to live entertainment; start gathering at 10:00

July 26—Help bring residents to live entertainment; start gathering at 10:00

## Recipe Corner

### 4th of July Fruit Salsa

1 C strawberries, diced  
1 C blueberries  
1 C jicama peeled and diced  
1/4 C red onion, diced  
1/4 C cilantro, chopped  
Juice of 1 lime  
Salt

Combine all ingredients together and salt to taste. The flavors will marry over time so feel free to let it sit in the bowl for 20 minutes before serving. Serve with Tostitos chips.